

TOURNAMENT HOSTING/SANCTIONING POLICY & PROCEDURES, Appendix 5

Emergency Action Plan

Injuries in the sport of Sepak Takraw have been very minimal since it is not a contact sport; however, it is always best to be prepared for anything, especially in with major tournaments/events. Injuries that could occur might be the stretching or tearing of ligaments, hamstring, ACL, sprained ankles and such. The following plan will ensure you are prepared.

Name of host Club/Institution	
Name of host tournament facility	
Location of host facility (address, city)	
Host facility phone number	
Directions to host facility	
Charge Person (i.e., team medic/coach/manager)	
Call Person (assigned by Charge Person)	
Control Person (assigned by team Charge Person)	
Location of nearest phone	
Number to dial for EMS (i.e., 9 – 911)	
Number to dial for local security	
Location of nearest emergency facility	

IN CASE OF EMERGENCY:

1. Charge person will manage the scene or assist the visiting team's coach/manager with the injured athlete.
2. Control person will ensure spectators/athletes are kept a distance away, and get first aid supplies as indicated by the Charge person.
3. Charge person will signal the call person to get the physician/First Aid Representative or to call an ambulance using the following signals if necessary:
 - 3.1. Fist in the air (request Physician/First Aid Rep. to the court – non life threatening emergency);
 - 3.2. Hand to head (request Physician/First Aid Rep. to the court – possible spinal cord injury);
 - 3.3. Hand to heart (immediate request Physician/First Aid Rep. to the court and 911 EMS call – life threatening emergency).
4. Call person will call for ambulance either by cell phone, or facility's phone by calling 911. Call person will inform emergency personnel of the number of athletes injured, type of injury and location of facility. Call person will report back to Charge person that the call has been made. Call person will meet the ambulance and direct EMS to the injured athlete.
5. Medical team (Charge person, Physician or First Aid Rep. and Control person) will provide appropriate care until EMS arrives. Possible spinal cord injuries shall be stabilized with cervical spine stabilization and not moved. Packaging and transport will be completed by EMS. Upon arrival of EMS, the medical team will provide them with the athlete's name, age, injury, vital signs, treatment given and any other relevant information.
6. Someone from the injured athlete's team should accompany the injured athlete to the hospital.
7. Charge person, or his/her designate, shall complete an Illness and Injury Attending Report and notify the athlete's coaching/medical staff of the incident/injury.

